



Mission Trip Information

Thank you for your interest in joining Breaking Ground Missions to do ministry on the ground in Uganda, Africa! As you prayerfully consider serving with us on a short-term trip, you can read through this helpful information. If you have any questions, we would be happy to answer! You can contact us through email at breakinggroundmissions@yahoo.com

Our website, BreakingGroundMissions.org also has information about us and the ministry we are doing. We encourage you to take a look so that you can see our mission, heart, and calling to serve God here.

Mission

Our mission is to fulfill the great commission by sharing the gospel, planting churches, and training village pastors.

Cost

e-Visa - \$50 + 3% surcharge fee Uganda is now requiring visitors to get their visas before arriving. Most airlines are not allowing passengers to board their flight without their Uganda visa approval. You can apply for this visa at <http://visas.immigration.go.ug//>

Yellow Fever Vaccine - We are unsure of the current cost of this vaccine in the US, but you can expect it to be around \$175-\$250. This is a requirement to enter Uganda. In order to apply for your e-visa, you will have to show proof of this vaccine before you can be approved. This vaccine is not common in the US, but we have had luck finding it by visiting www.passporthealthusa.com Please note that the CDC recommends that the vaccine is given at least 10 days before traveling.

Daily cost - \$70 per day per person This covers the costs of all lodging, meals, transportation, translators, fuel, and wifi. (This price may change depending on the size of the team.)

Fun Day - If you and your team are interested in taking a day to see and enjoy Uganda, there are several options to choose from.

- Boat ride to the Source of the Nile - \$15 per person
- One night stay at the Nile Resort (has a swimming pool) - \$200
- White water rafting on the Nile (full day) - \$ 140 per person
- Family Float on the Nile - \$45 per person
- African Safari - (would need at least 3 days for this) -\$500 per person/per night
- ATV ride through the village and along the Nile River - 1 hour \$55, 2 hours \$85, 3 hours \$105
- Kayak the Nile - \$75 per person

Souvenirs - \$100 This amount should be more than enough for any souvenirs you choose to buy, but this is just a suggested amount. This price is suggested in case you are buying for family and friends at home.

Ministry Opportunities

There are many options to choose from for ministry during your time in Uganda. Below you will find a sample list and brief descriptions, however the opportunities are endless and we welcome any ideas you may feel God lead you to do. You do not have to choose just one! Several of these options can be taking place at the same time.

- **Train Pastors and Church Leaders**- If you have members of your team interested in training pastors and church leaders, we can direct you with teaching topics and then organize for the pastors to be in training during the week you are in Uganda. Covering the cost of training for one week is \$1100.
- **Village Teaching Conference** - For this, we would advertise in advance for a conference to be held in the village in which members of your team could teach area Pastors and church leaders.
- **Evangelism** - Because the Ugandan people in our area are so receptive to the gospel, we highly recommend you insert evangelism into your trip schedule. During a 2 day evangelism effort in the village, we see an average of 100-130 people come to Christ!
- **VBS** - Hosting a village VBS is a great option for those who enjoy spending time with children. This VBS would function much differently than a typical VBS in the US. Story time, acting out a bible story, games, singing, etc would be what could be expected. You could expect a few hundred children to attend.
- **Jesus Film** - After advertising in advance, we can host a movie night in the village where we show the Jesus Film or the Passion of the Christ in the local language. Hundreds attend this to see a movie for the very first time and are able to hear the gospel through the film.
- **Launch a Church** - Sponsor a church build in an unreached location has added costs. For around \$5,000, land is purchased, latrine (village bathroom) built, home for the pastor, and a pole-barn style church built.
- **Blessing Bags** - Bags of food to feed families can be purchased and put together to give to those in need. The bags can be anywhere from \$10-\$30 depending on how much of a variety you would like to include and the quantity.
- **Bible Giveaway** - Bibles in the local language (Luganda) can be purchased for \$10 each. The majority can not afford this expense so Bibles are very cherished. In most cases, a family will share one bible. These can be given out during an evangelism effort to new believers or to believers who have never owned a bible.

Sample Schedule

Time is relative in Africa, we call it being “on African time.” Please be flexible and patient as that is the custom of the culture you are entering.

For a typical 10 day trip:

Day 1: Leave US
Day 2: Land in Entebbe, Uganda
Day 3: Travel to Kamuli, Uganda
Day 4: Ministry
Day 5: Ministry
Day 6: Ministry
Day 7: Ministry
Day 8: Fun Day
Day 9: Travel to Airport -Entebbe, Uganda
Day 10: Land in US

Daily Ministry Schedule:

6:00 Wake up, Personal Quiet Time
7:00 Breakfast
8:00 Leave for Village Projects
12:00 Lunch
1:00 Continue projects
5:00 Return to Guest House
6:30 Dinner
8:00 Prayer/Debrief/Team time

Because each team and mission trip is different, schedules should be viewed very loosely. More specific schedules will be made and shared with your team when exact dates for the trip are known and booked.

Location Information

We live in Kamuli Town, Uganda and do ministry in the surrounding districts: Kamuli District, Luuka District, & Buyende District.

Weather

The weather in Uganda is fairly consistent as it is located on the equator. The average temperature is 86 degrees. The wet season is March-May and again from October-November.

Families/Income

The average family in Uganda makes about \$320 US dollars a year. The average woman has between 7-8 children each

Language

The official language of Uganda is English. Many people in cities and towns speak English, but it is not as common out in the villages. In our area, most speak Lusoga or Luganda.

Geography

Uganda, located on the East African plateau, is surrounded by Tanzania, Kenya, Sudan, Rwanda, and the Democratic Republic of the Congo. It is home to a large portion of Lake Victoria and is the source of the Nile River.

Religion

There are multiple religions in Uganda. 85% claim to be Christian (about the same as the US), but we have found that number to be incorrect. Many people have never heard of Jesus at all. Those who have heard of Christianity, have a skewed view of the church and are in desperate need to know the truth of the Bible. People are very open to the Gospel.

What to Bring

Most of the time, the airline will allow you to bring 1 personal item (purse, backpack, etc), 1 carry on (smaller sized suit case), and 2 check bags with a 50 pound max. We have found that we are able to bring much more if we purchase crates from Lowes or Home Depot. They usually have a yellow or red lid with a black bottom. These are very useful if you are wanting to bring things to donate to people in the villages, books for the pastor training, tools for construction, etc. Make sure to mark your suitcase or crate in some way to make it stand out! All black suit cases look similar and yours may be picked up by mistake! (We've had this happen!) Tie a bright color ribbon on the handle, put bright colored duct tape on the sides, or something like that so you will be able to easily see which bag belongs to you. ~~On crates, label them with:~~

~~Donations~~

~~Breaking Ground Missions~~

~~PO Box 850~~

~~Jinja, Uganda, Africa~~

~~+256753507615~~

- Passport -Keep on hand with you through all airports
- Yellow Fever Vaccination card - You will need to show this upon arrival in Uganda. Do not pack in your check baggage.
- Covid-19 Vaccination Card - If you have been vaccinated for Covid-19, carry your card or a picture of your card on your phone in case it is needed.
- Money -All bills need to be newer than 2008, good condition, with no markings. \$100 bills get the best exchange rate.
- Change of clothes, some toiletries, medications, etc in your carry on luggage in case your luggage is lost or delayed
- Coat (light jacket for the airplane)
- Sunscreen
- Waterbottle
- Walking Shoes
- Any needed medications
- Towel/Washcloth

- Bible
- Pen / Journal
- Sunglasses
- Hat
- Backpack (can be used as your carry on/personal item on the plane)
- Toiletry items
- Clothes for daily work/projects
- Clothes for church (if your schedule has you here on a Sunday)
- Hand sanitizer/wet wipes
- Bug Spray
- Snacks
- Swimsuit if planning a fun day
- Camera (Can also use your phone for pictures if you prefer)
- Power Converter/ any needed chargers (220 to 110)
- Souvenir money
- Small flash light in case we lose power (We will lose power)
- Light weight blanket for twin bed (sheets provided)

Frequently Asked Questions

Is it safe?

-Yes! We feel very safe here, and all of our previous guests have reported feeling safe as well. Our compound is enclosed with a concrete wall and we have both day and night guards along with guard dogs. This is very common here.

Can I drink the water in Uganda?

-No! We will provide filtered water for drinking and for brushing teeth each day. You will be able to fill your water bottle with the filtered water. The water that flows from the sink is not safe to drink.

Do I need a life straw?

-Up to you! We will provide filtered water, but if you wish to bring a life straw, you are welcome to.

Will my cell phone work in Uganda?

-Yes! We recommend you turn your data off for your time here and only use Wifi (available in the airports, some restaurants we will eat at, and at our home). You may be subject to international charges otherwise. You will be able to connect with family and friends in the states through social media or WhatsApp.

Can I wash clothes while I am there?

-Yes! We have a washing machine and dryer in the guest house.

Can I give away money or possessions to locals?

-Yes and no! We love when our visitors have a giving heart and want to help the local people. We are more than happy to assist you in giving to help. Please come to us and let us investigate the need before anything is given. Unfortunately, many will take advantage of visitors and their generosity

What will we eat?

-We like to mix it up and do a variety of American food & Ugandan food so that you can also experience a little of their culture. Taco night, spaghetti, Rolex, beef or chicken with rice, Rice & Beans, etc.

What if we have a medical emergency?

-We have local clinics in Kamuli or there is an international Hospital in Jinja is that very nice.

Dress Code

When on a mission trip, dress is extremely important. It communicates our first impression to the people we are attempting to minister to during the week and shows a level of respect that we have for ourselves and for them. We want to be respectful of them and their culture, always.

For men:

If teaching a pastor training, conference, or seminar-

-khakis, polo

If doing construction-

-shorts/pants, shirt, boots or tennis shoes

If doing evangelism-

-comfortable walking shoes

For women:

The culture here is for women to wear skirts or dresses covering the knee or longer. When you are at our home, you are welcome to wear what is comfortable: leggings, shorts, pants. Leggings, pants, and shorts are ok to wear when we are in Jinja or Kampala. Spaghetti straps or revealing tops should be avoided.

You will want to bring comfortable shoes for walking on uneven dirt roads.